

Bolton School Boys' Division Senior School RSE Policy.

Effective from 1 September 2020

Author HT

Next review: July 2021

Rationale and ethos

This policy covers the Bolton School Boys' Divisions approach to Relationships and Sex Education (RSE). It was produced by the Senior Teacher through consultation with the Senior Leadership Team, Heads of Year and parents.

We are required to teach RSE in accordance with the guidelines issued by the Department for Education. We believe that all pupils have an entitlement to relationships and sex education and that this is fundamental to achieving the School's stated aim to develop confident young people with the skills and attributes to lead happy and fulfilled lives and make a positive difference in the community.

Documents that inform the school's RSE policy include:

- Education Act (1996)
- Equality Act (2010)
- Keeping children safe in education (2020)
- Relationships Education, Relationships and Sex Education (RSE) and Health Education (2019)

Parents and carers will be informed about the policy through communication from the Headmaster. The policy is available through the Bolton School website including a summary of the topics taught in each year group throughout the academic year.

Supporting parents with the education of their children is integral with the School's vision. Some topics require the opportunity for parents to be educated to support the programme in place for their children. The Teenage Journey lecture series is arranged in partnership with the Parents' Association. As part of our whole school approach to RSE, Parent Information Sessions and opportunities for parents to view the materials and resources used have been included in the current programme of events.

The aims of RSE can be summarised as follows:

1. To provide clear and reliable information for students.
2. To encourage personal responsibility in all forms of behaviour and equip pupils with the skills necessary to make informed choices.
3. To reduce anxiety, encourage self esteem and promote wellbeing.
4. To encourage respect and consideration for others.

Delivery and curriculum design.

RSE lessons sit within the Pastoral Curriculum scheme which includes PSHE, SMSC and character education. Topics are organised in a spiral curriculum model with recurring themes in different year groups at an age appropriate level. For example, healthy relationships are initially considered in Year 7 in the context of family and friendship. Pupils build upon their understanding of concepts in subsequent years to consider different types of relationship, thereby allowing them to engage in critical reflection and informed decision making.

High quality resources support the RSE provision and these are regularly reviewed. Although RSE is not a formally examined subject, it is no less important to gauge individual progress and pupils are encouraged to reflect on their own learning in guided tutor sessions

Creating a safe and supportive learning environment.

Teachers will ensure a safe learning environment by adopting advice issued by Public Health England including setting clear ground rules and using distancing techniques. These principles are covered in staff INSET and induction sessions.

We recognise the need for all pupils to have access to RSE education learning which meets their needs and form tutors play an important role in delivering content and monitoring activities in the teaching programme. In this way we are able to identify pupils who may be vulnerable or at risk and respond accordingly. This also allows close work with learning support where necessary.

It is important that pupils feel able to ask questions. If necessary teachers will ask a pupil to wait for an answer to give them time to structure an appropriate response or consult with the school's pastoral leadership team if the question raises potential safeguarding concerns.

Teachers are aware that effective RSE, which brings an understanding of what is and is not appropriate in a relationship, can lead to a disclosure of a child protection issue. In this instance teachers will follow the school's safeguarding procedures and inform the Deputy Head Pastoral as the designated safeguarding lead. In her absence they will inform one of the deputy designated safeguarding leads or a member of the pastoral or senior leadership team.

Occasionally whole year groups may be involved in the delivery of particular topics during the SPACE programme or in an assembly. This may involve external speakers who are invited on the basis of their skills and expertise. Before presenting to the pupils, content is discussed and agreed by the Senior Teacher. Guests are supervised at all times and a Visiting Speaker Risk Assessment Form is completed and reviewed by the Deputy Head Pastoral before the visit. Some topics will be delivered by teaching staff who have completed specialist RSE training. All staff teaching RSE will be supported by the Senior Leadership Team and guided by the Senior Teacher.

Parental rights.

It is hoped that all pupils will participate in the full programme offered by the school, but parents may exercise the right to withdraw their son from the sex education delivered as part of RSE and this may be granted up to three terms before he turns 16. At this point your son may choose to receive sex education. However, parents will not have the right to withdraw their son from Relationships Education or any content covered in the context of science lessons which form part of the National Curriculum.

Before withdrawal is made parents should consult with the Senior Teacher, Miss Tunstall ht@boltonschool.org and write to the Headmaster. Your son will receive appropriate, purposeful education in cases of withdrawal.

Below is a summary of the topics taught in each year group throughout the academic year.

Year 7 Pastoral Curriculum.

Autumn Term - First Half

Settling into a New School - Personal Safety 16th September.

Approaching Homework 23rd and 30th September.

Patterdale: Preparation and Review. From 7th October.

Mental Health: Lily Jo resources. t.b.c

Autumn Term - Second Half

Anti-Bullying Week Activities. 11th -15th November. Form activity - What is Bullying?

Looking After Your Skin: 18th November.

Cyberbullying. 25th November.

Your Identity. 2nd December.

Whom Do You Admire? 9th December

Spring Term - First Half.

Your Personality. 6th January.

You and Your Family. 13th and 20th January.

Regrets and Saying Sorry. 27th January and 3rd February.

Authentic Identities and Grooming. 10th February.

Spring Term - Second Half.

Fundamental British Values: 24th February.

Wonder Activities: 3rd, 10th and 17th March.

Eco-Schools Activities. 24th and 31st March.

Summer Term - Second Half.

Rivalries. 16th June.

Character Review. 23rd and 30th June.

Pastoral Curriculum in SPACE.

What Makes a Good Friend? 21st September.

Mental Health: You Are Amazing - Lily Jo Project (21st September)

Puberty: Led by ACET. 16th November.

Preparing for Success - Careers. 11th January.

Basic First Aid. 25th January.

Preparing for Success - Study Skills. 29th March.

Show Racism the Red Card t.b.c. 14th June.

Year 8 Pastoral Curriculum.

Autumn Term - First Half.

What am I looking forward to this year? 16th September.

Budgeting 23rd and 30th September.

Making Ethical Financial Decisions 7th and 14th October.

Relationships, What Qualities Do We Value in Our Friends? 21st October.

Autumn Term - Second Half.

Anti-Bullying week - Tackling Discrimination. 11-15th November.

Tackling Disability Discrimination. 18th November

Healthy Eating. 25th November.

How Do You Spend Your Leisure Time? 2nd December.

Internet Gaming Addiction. 9th December.

Spring Term - First Half.

Personal Safety - Online Identity. 6th January

Staying Safe Online. 13th January.

Online Gambling. 20th and 27th January.

Fake News. 3rd February.

Echo Chambers and Filter Bubbles. 10th February.

Spring Term - Second Half.

Speaking Your Mind. 24th February and 3rd March

Listening and Giving Feedback. 10th March.

Patterdale. From 17th March.

Summer Term - First Half.

Eco Schools. 21st and 28th April.

Helping Others and Community. 5th May.

Emotional Health and State Management. 12th May

Summer Term - First Half.

Fundamental British Values: Democracy. 16th and 23rd June.

Laws and The Rights of Children. 30th June

Pastoral Curriculum in SPACE

Healthy Relationships: Led by ACET. 19th October.

Character: A Good Life - Virtue Ethics. 19th October.

Cookery/Food Poverty/Fair Trade - Carousel 16th and 30th November, 14th December.

Preparing for Success: Careers 15th March.

Preparing for Success: Study Skills 29th March.

Mindfulness Carousel: 26th April, 10th and 24th May, 14th and 28th June.

Year 9 Pastoral Curriculum.

Autumn Term - First Half.

What Do I Want to Achieve This Year? 16th September.

Self-Esteem. 23rd and 30th September.

Coping with Challenges and Change. 7th and 14th October.

Problem Solving. 21st October.

Autumn Term - Second Half.

Anti-Bullying Week Activities - Gender Equality - 11 and 18th November.

Gender and Identity. 25th November.

LGBT+ Rights. 2nd and 9th November.

Spring Term - First Half.

Dealing with Anger. 6th and 13th January.

Dealing with Jealousy. 20th and 27th January.

Dealing with Your Fears. 3rd and 10th February.

Spring Term - Second Half.

Rise Above FOMO. 24th February and 3rd March.

Sex and The Law. 10th March.

Contraception. 17th March (review learning from SPACE session).

Eco Schools. 24th and 31st March.

Summer Term - First Half.

Youth Crime. 21st and 28th April.

You and The Police. 5th and 12th May.

Stress management. 19th May.

Summer Term - Second Half.

Patterdale – Character 9th to 23rd June.

Pastoral Curriculum in SPACE.

Men's Health/Cookery. 25th January and 8th February.

Selfies, Snapchat and Sexting and GMP visit. t.b.c. 1st March

Conception and contraception: Led by ACET. 15th March.

Preparing for Success - Study Skills. 29th March.

Preparing for Success: Careers - Speed Dating. 26th April.

Year 10 Pastoral Curriculum.

Autumn Term - First Half.

Preparing for Success, Acquiring a GCSE Mindset. 16th September.

Preparing for Success: The Motivation Diamond. 23rd September.

What Makes a Good Man? 30th September and 7th October.

Preparing for Success: Mission vs Medal. 14th and 21st October.

Autumn Term - Second Half.

HOUSE and Form Time Anti-bullying week 11-15th November.

Stereotypes and Prejudice 18th November.

Rational Responses and Raging Reactions. 25th November and 2nd December.

Preparing for Success: Building Independent Learning 9th and 12th December.

Preparing for Success: Grit and Resilience 16th December.

Spring Term - First Half.

Preparing for Success: Five Roads 6th and 13th January.

Smartphone Addiction. 20th January.

Consumer Rights. 27th January and 3rd February.

Online Scams. 10th February.

Spring Term - Second Half.

Smoking. 24th February.

Vaping. 3rd March.

Rise Above Smoking. 10th March.

Alcohol (facts). 17th March.

Alcohol (risks). 24th March.

Sexual and Reproductive Health: Learning Review. 31st March.

Summer Term - First Half.

Preparing for Success: First Aid Kit - Three Ways to resolve Stress. 21st and 28th April.

Sex: Your Rights and Responsibilities. 23rd and 30th June.

Summer Term - Second Half.

Different Types of Partnership. 9th and 16th June.

Sex: Your Rights and Responsibilities. 23rd and 30th June.

Pastoral Curriculum in SPACE.

Black Eyes and Cottage Pies: Domestic violence. 19th January

Gambling: Led by EPIC. 24th February

Drug Awareness. 26th March.

Sexual Health: Led by ACET. 26th March.

Swag vs Slag. t.b.c.

Year 11 Pastoral curriculum.

Autumn Term - First Half.

Preparing for Success, the GCSE Mindset - Personal Compass 16th September.

Preparing for Success: Managing reactions to feedback 30th September and 7th October.

Confidence and self-esteem. 14th and 21st October.

Autumn Term - Second Half.

HOUSE and form time Anti-bullying week 11-15th November

The Equality Act. 18th November.

Men's Health: Testicular and Penile Cancer. 25th November (November).

Racism and Society. 2nd and 9th December.

Spring Term - First Half.

Different Types of Partnership. 6th and 13th January.

What Makes a Relationship Work? 20th January.

Social media and Body Image. 3rd and 10th February.

Spring Term - Second Half.

Preparing for Success: Managing Reactions to Feedback. 10th March.

Gambling. 17th and 24th March.

Online Safety - Money Mule. 31st March.

Summer Term – First Half.

Preparing for Success: Pre-making Decisions. 21st April.

Safety at Parties. 28th April.

Pastoral Curriculum in SPACE.

Men's Health (Mental and physical), Stress Management (Lily Jo Project). 8th October.

Healthy Relationships: Led by Acet. 10th November.

Sexual Health: Led by Acet. 15th January.

Year 12 Pastoral Curriculum.

Autumn Term - First Half.

Preparing for Success: Acquiring an A Level Mindset. 16th September.

Preparing for Success: 20 questions. 23rd and 30th September.

Understanding gender identity: 14th and 21st October

Autumn Term - Second Half.

Anti-bullying Week: revisit Equality Act. 11-15th November.

Preparing for Success: Working Weeks. 18th November.

Men's Health: Testicular and Penile Cancer Awareness. 25th November (Movember).

Preparing for Success: The Change Curve. 2nd and 9th December.

Spring Term - First Half.

Preparing for Success: Smart Goals. 6th and 13th January.

Tattoos and Piercing. 20th and 27th January.

Preparing for Success: 1-10 Scale. 3rd and 10th February.

Spring Term - Second Half.

Preparing for Success: Mechanical vs Flexible. 3rd March.

Blood, Organ and Stem-cell Donation. 10th and 17th March.

Preparing for Success: Snack Don't Binge. 24th and 31st March

Summer Term - First Half.

Drug Awareness. 21st and 28th April, 5th May.

Preparing for Success: Fake It. 12th and 19th May.

Managing Anxiety. 26th May.

Summer Term - Second Half.

Safety at Parties. 23rd and 30th June.

Driver Safety. 7th July.

Pastoral Curriculum in SPACE.

Andrew McMillan – identity. 19th October.

Alcohol Awareness: Julian Butterworth. 30th November.

Porn What's the Big Deal. 30th November. t.b.c

Representations of Masculinity. 25th January.

Life skills carousel: cookery/car maintenance/finance/posture/personal safety. From 1st March

Year 13 Pastoral Curriculum.

Autumn Term - First Half.

Preparing for Success: Acquiring an A level Mindset. Stopping Negative Thoughts. 30th September and 7th October.

Driver Safety. 14th October.

Safety at Parties - 21st October.

Autumn Term - Second Half.

HOUSE - Anti-bullying week. Form - Violence against Women. 11th and 18th November.

Men's Health: Testicular and Penile Cancer Awareness. 25th November (Movember).

Preparing for Success: Know the Skills. 2nd and 9th December.

Spring Term - First Half.

Preparing for Success: The Revision Questionnaire. 6th and 13th January.

Good Parenting: 20th and 27th January.

Pregnancy Options: 3rd and 10th February.

Spring Term - Second Half.

Preparing for Success: Failing Forwards. 10th and 17th March.

Mental Health: Help beyond Bolton School. 24th and 31st March.

Summer Term - First Half.

Preparing for Success: The Power of If...Then Thinking. 21st and 28th April.

Pastoral Curriculum in SPACE.

Mental Health: Led by Lily Jo Project. 5th October.

Home Cultures. 19th October.

Beyond Bolton School Carousel (1): Finance/Communication and Collaboration/Managing Your Online Identity.

Beyond Bolton School (2): Men's Health/Mental Health/Consent and the Law/Critical review of statistics. t.b.c