

**PE DEPARTMENT EXTRA – CURRICULAR ACTIVITIES FOR THE
AUTUMN & SPIRNG TERMS 2015-16**

	<u>LUNCHTIME 1.00PM</u>	<u>AFTER SCHOOL 4.00-5.30PM</u>
<u>MONDAY</u>	<p>Football (Yr 7+8) 1pm ?? Senior Lacrosse (Yr 11-13) Dy Netball Squad (Yr 7) JS court 1.35pm Hg- (Main squad practice) Netball Club (Yr7) 1pm Ke Inter +Senior Swimming (Yr9-13) 1pm Du</p>	
<u>TUESDAY</u>	<p>Badminton (Yr9) Girls' Gym 1pm Du Running Club (all ages) 1pm Hg Lacrosse Squad (Yr8) 1pm Ke Lacrosse Squad (Yr7) 1pm Dy - (Main squad practice).</p> <p>Netball Courts – available for 6th form use.</p>	<p>Lacrosse (Yr9+10) outdoors Sept until Oct ½ term then indoors in Sports hall from Nov-Feb rotating with Senior age group alternate weeks. Dy</p> <p>Swimming Matches (Yr7-13) Du</p> <p>Badminton Squad (all ages) Sports hall – Sept until Oct ½ term Ke/Hg</p>
<u>WEDNESDAY</u>	<p>Netball Squad (Yr8) 1.00pm (S/hall) Du Netball Squad (Seniors) 1.35pm(S/Hall) Hg</p> <p>Gym Club (Yr7) Ke Lacrosse Squad (Yr10) Dy</p>	<p>Senior Lax outdoor Sept until Oct ½ term then moves to Tuesday 4pm. Dy</p> <p>Netball League Matches Yr 7-11 Sept until Oct ½ term then indoor matches /training in Sports hall all age groups in rotation until Feb ½ term. Hg/Du/Po</p> <p>Year 3 Gym Club – Oct ½ term until Easter. Ke</p>
<u>THURSDAY</u>	<p>Netball Squad (Yr 7) Snr court 1.00pm Hg Junior Swimming (Yr7+8) 1pm Du Badminton (Yr7) Girls' Gym 1pm Ke Lacrosse Squad (Yr9) Dy Netball Squad (Yr10) 1.35pm (S/Hall) Po Netball Squad (Y11) 1.00pm (S/Hall) Po</p>	<p>Lacrosse Squad (Yr8) Outdoors Sept until Oct ½ term then indoors in gym Nov-Feb. Ke</p>
<u>FRIDAY</u>	<p>Netball Squad (Y9) 1pm (S/Hall) Du Netball Club (Yr8+9) 1pm Hg Lacrosse Squad (Yr7) 1pm Dy + Ke (skills practice).</p> <p>Gym – ARCHERY (tbc)</p>	

